



Archbishop Cranmer C of E Primary Academy
Physical Education Sequence of Learning

Year 2



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sport	<p>Locomotion – Jumping Pupils will consolidate effective jumping techniques and apply this to a game. They will know how to jump in combination, for different distances and speed, and to link jumps.</p>	<p>Locomotion – Dodging Pupils will learn how, where and when to dodge effectively and apply this in team games.</p>	<p>Ball Skills - Hands 1 Pupils will develop passing and receiving and combine these with dribbling to keep possession of the ball.</p>	<p>Ball Skills - Hands 2 Pupils will consolidate the skills to execute an underarm throw and to further extend their understanding of why we need to be accurate when we throw. They will develop their overarm throw and apply their understanding in a game.</p>	<p>Ball Skills – Feet Pupils will develop passing and receiving using our feet and combine these with dribbling to keep possession of the ball.</p>	<p>Chance 2 Shine Cricket Pupils will strike or hit a ball with increasing control. They will learn skills for playing simple striking and fielding games. They will explore position the body to strike a ball.</p>
Culture Of Opportunity	<p>Pupils can develop their running skills at the extra-curricular cross country club. Pupils can choose to attend the Ready Steady Running Club. Pupils can develop their running skills through participating in the daily mile and working towards completing 1, 2 or 3 marathons as part of the ABC Marathon Challenge.</p>		<p>Pupils will develop their balls skills in the Mini Athletics Nottingham and Loughborough day. Pupils can choose to attend the Little Ruggers club to develop passing skills in rugby.</p>		<p>Pupils will have the opportunity to represent school at the School Games KS1 Cricket Festival. Pupils can choose to attend the Little Wickets club to practise their cricket skills. They could choose to develop their racket skills at Aslockton tennis club.</p>	
Sport	<p>Gymnastics – Linking Pupils will explore different movements that they can link together using jump, roll and balance, on apparatus. Pupils will create and perform their own sequences</p>	<p>Gymnastics – Pathways Pupils will explore different pathways such as zig-zag and curved, creating movements that pupils can link together on apparatus. Pupils will create and perform their own sequences.</p>	<p>Dance – Water Pupils will explore, respond and improvise to stimuli, exploring various dynamics and movement qualities. Pupils will understand how to work safely in the dance space, responding to music through movement. Pupils will perform individual movement sequences as part of a larger group performance.</p>	<p>Dance – Explorers Pupils will respond to stimulus using a range of different controlled movements. They will show how to control and coordinate their bodies, adding movements, expression, drama and emotion. They will develop motifs with a partner including some different elements of choreography.</p>	<p>Games For Understanding Pupils will understand simple attacking and defending principles, applying them as a team into a game. Pupils will learn to adapt their role to meet the needs of the game when playing games where their role will change from attack to defence.</p>	<p>School Sports Day Pupils will explore running, varying speeds for different distances and races. They will apply these skills in an obstacle race, refining techniques to maintain speed. They will take part in relay activities. They can set simple targets to improve their performance.</p>

Culture of Opportunity	Pupils will develop confidence to perform in the Key Stage 1 Christmas Production. Pupils will develop dance skills through Cosmic Yoga, Boogie Beebies, Active Ants and Super Movers in the classroom.	Pupils can develop their dance skills at the extra-curricular dance club. Pupils can further develop their dancing skills on the Key Stage 1 Indian Dance Day. Pupils will develop dance skills through Cosmic Yoga, Boogie Beebies, Active Ants and Super Movers in the classroom. Pupils can also choose to attend the Bigham School of dance to develop ballet, tap or modern dance skills. Pupils will develop confidence to perform in the Key Stage 1 Christmas Production.	Pupils can use their understanding of following rules in games in our extra-curricular clubs such as board game and chess club.	All pupils feel confident to compete in our School Sports Day.
Outdoor Adventurous Activity Pupils will experience Nottingham Outdoor Adventure Days where they will engage in orienteering and den building activities. Pupils will visit Sherwood Pines for an active day in the outdoors. Pupils have a timetabled slot to a forest school.				
Health and Wellbeing Pupils recognise and describe how the body feels during and after different physical activities. Pupils can explain what they need to stay healthy.				
Personal Values <i>trust, kindness, thankfulness, respect, responsibility and courage</i> Pupils understand the importance of rules in games. Pupils can carry and place equipment safely Pupils perform confidently in partners/small groups. Pupils watch and describe performances, and use what they see to improve their own performance. Pupils talk about the differences between their work and that of others. Pupils compete against self and others.				
Assessment <i>coordination, endurance, agility, balance, upper body strength, lower body strength</i> Pupils should be able to: Throw and catch a ball individually with one hand Run for 100m without stopping Stand on one leg for 20s Balance a ball on a racket for 30s				