



## School Games Mark Platinum Application 2022/23

**Demonstrate how you are a physically literate school and how this positively impacts on your young people**  
*"Physical literacy is the motivation, confidence, physical competence, knowledge, and understanding to value and take responsibility for engagement in physical activities for life."*

- The International Physical Literacy Association, May 2014

### **Introduction:**

Archbishop Cranmer School prioritizes physical education (PE) and sport as essential parts of its school culture. Through initiatives such as the "Strive for 5" Award, Sports Achievement Assemblies, Active Archie mascot, House Points System, and a comprehensive Long-Term Curriculum Plan, the school promotes physical literacy and a positive impact on its students.

### **Strive for 5 Award:**

The Strive for 5 Award encourages students to engage in at least five physical activities outside of school each week. This initiative promotes physical literacy, accountability, and self-discipline.

### **Sports Achievement Assemblies and Peer Motivation:**

Sports Achievement Assemblies celebrate students' active lifestyles and motivate their peers to participate. Students share their achievements and experiences, fostering a culture of physical literacy.

### **Active Archie and Active Learning:**

Active Archie, the school's mascot, promotes physical literacy across the curriculum. Students share their active learning experiences, increasing their physical competence and motivation.

### **House Points System and Sports Leaders:**

The House Points System rewards positive attitudes and teamwork. Sports Leaders serve as role models and deliver active playtimes, cultivating a love for an active lifestyle.

### **Fundamental Skill Development and Personal Best Assessment:**

The Long-Term Curriculum Plan focuses on developing fundamental skills. The Personal Best Assessment strategy encourages students to strive for improvement and highlights the relevance of physical literacy in their lives.

### **Sports Day and Potted Sports:**

Sports Day showcases students' athletic abilities, teamwork, and healthy competition. Potted sports events for younger students offer diverse sports experiences.

### **Additional Initiatives and Residential:**

Afternoon playtime provides opportunities for active play and social interaction. Active residentials and the marathon initiative introduce new activities and promote endurance and goal-setting. School swimming lessons teach water confidence and safety.

### **Staff Development and Active School Culture:**

Archbishop Cranmer supports staff through professional development, fostering an active school culture. Teachers' enthusiasm and participation inspire students to embrace physical literacy.

### **Conclusion:**

Archbishop Cranmer School's focus on physical literacy and various initiatives positively impact its students. By promoting an active lifestyle, fostering peer motivation, recognizing achievements, and providing a comprehensive curriculum, the school equips students with the skills and mindset to embrace physical literacy throughout their lives.