



Archbishop Cranmer Church of England Primary Academy

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'Striving for Life in all its Fullness

Monday 26th June 2023



Sun Safety – Sun Safe Schools

Dear Parents and Carers,

At Archbishop Cranmer we want our pupils, staff, parents and carers to enjoy the sun safely. Educating our pupils on the importance of this, including how to reduce the risk of skin damage and about safe and unsafe exposure to the sun is part of our Relationships and Health Education (RHE) curriculum, our commitment to safeguarding and ensuring the health and wellbeing of our pupils during school hours. To further encourage this, we are pleased to be taking part in the Sun Safe Schools National Accreditation programme in association with the charity Skcin (www.skcin.org) for the third year running.

Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue. Children spend almost half of their childhood at school, with a great deal of time spent outdoors. During the warmer months of the year we are exposed to Ultraviolet Radiation (UVR) from the sun, the majority of which is when penetration is strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, this can cause cumulative and irreparable damage that can significantly increase their risk of developing skin cancer in later life. Where skin cancer remains the UK's most common and fastest rising cancer, the good news is that it is almost entirely preventable (around 90% of cases!) and with parental support, simple steps can be undertaken to ensure that our pupils are protected, can enjoy the sun safely and learn to develop healthy lifestyle choices.

As part of our efforts towards encouraging and ensuring Sun Safety, we have created our own school 'Sun Safety Standard' which outlines our commitments to providing a Sun Safe environment, protective measures and education, in line with the Sun Safe Schools guidelines. This document and other Sun Safety advice can be found on our school website here: <https://www.archbishopcranmer.co.uk/sun-safety/>

Parental support will play a vital role in our efforts to implement effective control measures, particularly with the provision of suitable sunscreen and sun hats. In-line with our procedures to ensure Sun Safety, we ask that parents and carers ensure that their child(ren) are equipped with a suitable sun hat and sunscreen that are clearly labelled and brought to or kept at school from 5th June 2023 through to the end of September for use and application as required.





- Sun hats should either be broad-brimmed (bucket style) or legionnaire to shade the face, neck, ears and cheeks. *School sun hats are available to purchase via: <https://www.pbuniform-online.co.uk/archbishopcranmer>
- We recommend that sunscreens have a **minimum** Sun Protection Factor (SPF) 30; are 'broad-spectrum' to provide both UVA and UVB protection; and, if labelled with a UVA star rating, carry a minimum of 4 stars.

At Archbishop Cranmer we will provide spare sun hats and a quality sunscreen for application **in the event that your child does not have access to their own**. We recommend that parents patch test this sunscreen on their child which is available upon request from the school office. (If anyone would like to donate sun hats to us, please leave these with your child's teacher or the school office.)

Please note that permissions for sun cream application were collected earlier this academic year, however, if your preferences have changed, please complete the attached consent form and return it to the school office as soon as possible.

Thank you for your continued support,

Mrs Stevens

Mrs Hodgson

Head Teacher

RHSE Lead



Archbishop Cranmer C of E Primary Academy
'Striving for Life in All its Fullness' John 10:10
Sun Protection Consent Form 2023



I/ we can confirm receipt of the Sun Safety information, 'Sun Safety Standard' and parent/carer letter detailing the parental support required in regard to encouraging sun safety and agree/ do not agree (*delete as appropriate*) to support school as required through ensuring that my/ our child/ren are equipped with suitable sun hat/s and sunscreen until the end of September 2023.

I/ we agree/ do not agree (*delete as appropriate*) for my child/ren to use the school's supplied sunscreen (if required and in the event that they do not have access to their own). *Please note that we recommend that you patch test this sunscreen, which is available upon request from the school office.*

Please acknowledge that a practical approach toward the application of sunscreen will be necessary, where pupils will be encouraged by school staff to apply their own sunscreen. If required, help will be provided to younger pupils or those with special educational needs.

- I/ we **do not agree** to staff supporting my child/ren with provision and/or application of sunscreen.
- I/ we **agree** to staff supporting my child/ren with provision and/or application of sunscreen.

Please include any relevant comments below:

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Name of child(ren): Class(es):

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Name of parent/ carer:

Signed: Date:

