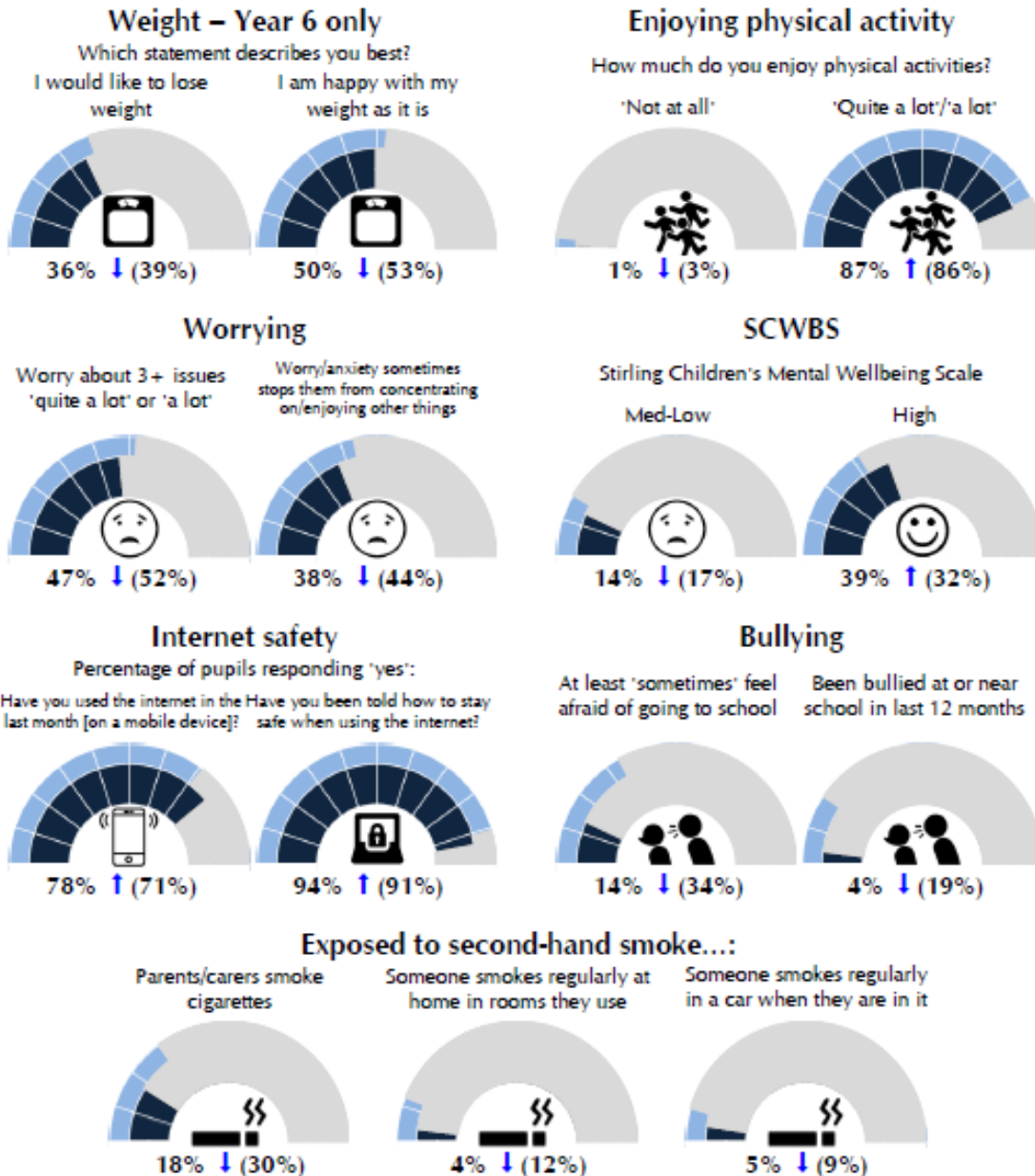




The Nottinghamshire Children and Young People's Health and Wellbeing Survey 2024 Results Summary Report

This report compares Archbishop Cranmer CE Academy (Years 4, 5 and 6) with Notts Primary across various categories.

Archbishop Cranmer compared with Nottinghamshire Snapshot.



Background

Most Positive Differences between Archbishop Cranmer and Notts Primary

Healthy Eating

- 46% of Year 4, 5 and 6 pupils said the place they get school lunch is friendly (compared to 26%).
- 68% of Year 4, 5 and 6 pupils eat fresh fruit on 'most days' (compared to 57%).
- 54% of Year 4, 5 and 6 pupils drank at least 'about a litre' of water on the day before the survey (compared to 43%).

- 7% of Year 4, 5 and 6 pupils have fast food (takeaway) at least 'once a week or more' (compared to 14%)
- 7% of Year 4, 5 and 6 pupils didn't have anything to eat before lessons on the day of the survey (compared to 12%).

Physical Activity

- 95% of Year 4, 5 and 6 pupils do one or more of the physical activities listed at least 'once a week (compared to 93%).
- 62% of Year 4, 5 and 6 pupils are 'active' meaning they do more than 2½ hours of activity per week (compared to 61%).
- 73% of Year 4, 5 and 6 pupils 'usually or always' engage in moderate-to-vigorous intensity physical activity for an average of 60 minutes per day (compared to 72%).
- 87% of Year 4, 5 and 6 pupils enjoy physical activities 'quite a lot' or 'a lot' (compared to 86%).

Alcohol, Smoking and Drugs

- 96% of Year 5 and 6 pupils said that someone in school has talked to them about illegal drugs (compared to 67%).
- 4% of Year 4, 5 and 6 pupils said someone smokes indoors at home in rooms that they use (compared to 12%).
- 18% of Year 4, 5 and 6 pupils said their parents smoke (compared to 30%).
- 2% of Year 5 and 6 pupils have at least tried vaping (compared to 7%).
- 5% of Year 4, 5 and 6 pupils said that someone smokes in a car when they are in it too (compared to 9%).

Emotional Health and Wellbeing

- 98% of Year 4, 5 and 6 pupils said someone in school has talked to them about how their bodies change as they grow up (compared to 73%).
- 76% of Year 4, 5 and 6 pupils feel they know enough about how their body changes as they grow up (compared to 66%).
- 38% of Year 4, 5 and 6 pupils said worry or anxiety at least sometimes stop them from concentrating or enjoying other things (compared to 44%).
- 99% of Year 4, 5 and 6 pupils who either talk to an adult, a friend or a brother/sister, think about the problem themselves or seek help from books/magazines/internet when they have a problem that worries them at least 'sometimes' (compared to 98%).

Staying Safe

- 13% of Year 5 pupils have seen images or videos online that upset them (compared to 40%).
- 14% of Year 4, 5 and 6 pupils at least 'sometimes' feel afraid of going to school because of bullying (compared to 34%).
- 88% of Year 4, 5 and 6 pupils think their school takes bullying seriously (compared to 68%).
- 4% of Year 4, 5 and 6 pupils said they have been bullies at or near school in the last 12 months (compared to 19%).

School & Leisure

- 58% of Year 4, 5 and 6 pupils said their views and opinions are asked for in their school (compared to 36%).
- 68% of Year 4, 5 and 6 pupils feel their views and opinions are listened to at school (compared to 53%).
- 76% of Year 4, 5 and 6 pupils like living in their neighbourhood 'quite a lot' or 'very much' (compared to 70%).

Least Positive Differences between Archbishop Cranmer and Notts Primary (data includes Year 4, 5 and 6 pupils)

Healthy Eating

- 50% of Year 6 pupils are happy with their weight as it is (compared to 53%).

Physical Activity

- 90% of Year 4, 5 and 6 pupils have a bicycle or scooter (compared to 92%)

Alcohol, Smoking and Drugs

- 2% of Year 5 pupils (more than just a sip) in the 7 days before the survey (compared to 2%).

Actions

- Implement targeted intervention to improve awareness and promote healthy eating habits among Year 6 pupils, focusing on nutrition education and self-esteem building.
- Collaborate with parents and guardians to reinforce positive attitudes towards body image and healthy weight management in Year 6 pupils, addressing any misconceptions or negative influences.
- Develop initiatives to encourage active transportation (continue to promote participation in KS2 Bikeability cycle training offer)

Conclusion

Archbishop Cranmer C of E Academy excels, contributing positively to the well-being and developing of their Year 4, 5 and 6 pupils. The results indicate a strong commitment to the well-being of pupils, surpassing Nottinghamshire School averages in various categories. Continued efforts to engage students in physical activities and maintain a focus on healthy eating are essential for ongoing success.

For a more comprehensive analysis and detailed findings, the complete report is available on the School Website.