

Friday 7<sup>th</sup> Feb 2025

# Archbishop Cranmer CE Academy Newsletter

*Striving for Life in all its Fullness John 10:10*



## Children's Mental Health Week & Our Well-Being Hub Fundraiser

This week, we have been marking **Children's Mental Health Week**. The theme for 2025 is focus is Know Yourself, Grow Yourself, with the aim to equip and empower children and young people across the UK to embrace self-awareness and explore what it means to them. For helpful resources to use at home we recommend [parentingsmart.org.uk](https://parentingsmart.org.uk) or [Here4You.co.uk](https://Here4You.co.uk).

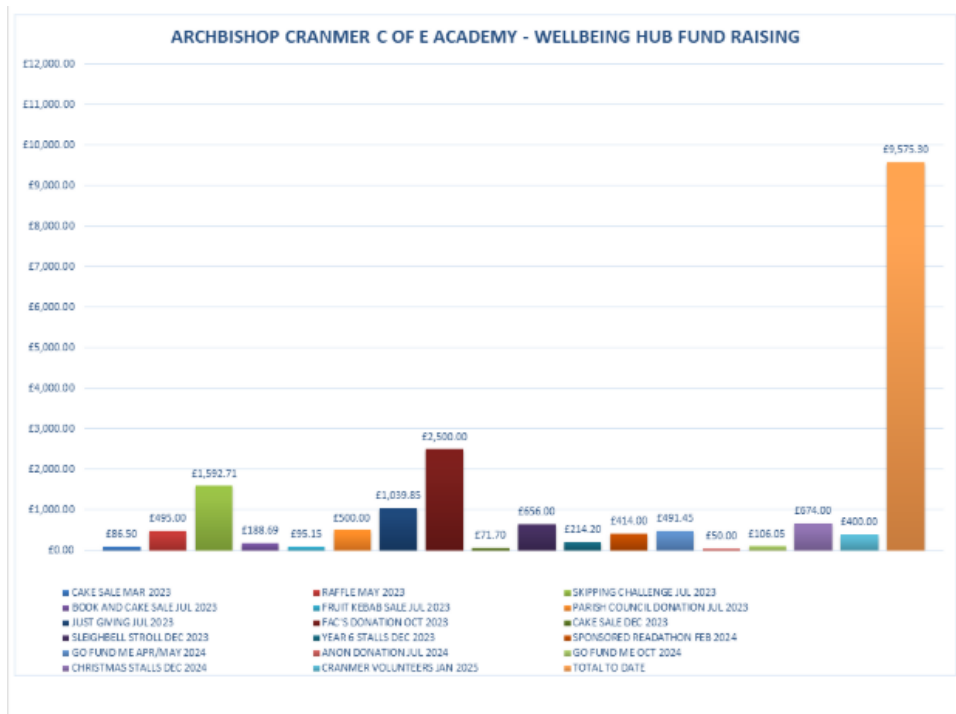
This is also a perfect time to remind everyone about our **Well-Being Hub fundraiser**, an initiative that began after a previous Mental Health Week when our children identified a need for a dedicated safe space in school. Their vision is for an outdoor Well-Being Hub—a peaceful retreat that children and adults in our school community could use.

We are incredibly grateful for the donations received so far, but we still need your help—especially from our **new parents!** If you are able, **please share our fundraising link** with your family and friends—**every £1 counts!** [👉 Donate here](#)

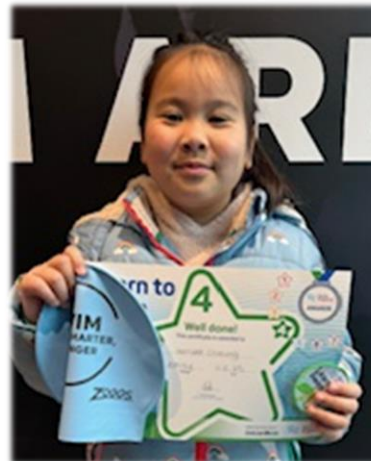
Our goal is to fund a **Dunster House garden room** (or a similar alternative) Below, you can see how close we are to achieving our target.



Thank you for your continued support in helping us create a space where well-being can truly flourish



## Feeling Proud



Swimming is a vital life skill that builds confidence, resilience and safety in the water. We are so proud of our swimmers who have been working hard to develop their skills and achieve new milestones. Whether earning certificates, moving up a group, or reaching a distance goal, every step forward is an important one. Well done to Inni, Charlie, Sophie, Frankie, Isabelle, Harriet, Yori and Julia – your dedication is inspiring!

- ★ Last weekend, Connor was awarded player of the match with both his Bottesford team on Saturday and his Aslockton & Orston team on Sunday! He scored a hat-trick on Saturday and clocked up lots of “assists” on both days by passing and creating chances for other players
- ★ Eito earned Beaver of the week certificate for great leadership and dancing moves.
- ★ Nico is super pleased to be acknowledged as man-of-the-match for his football team. Well done!

**Congratulations and well done to all the children celebrated in assembly this week!**

## **Safer Internet Day 2025 – Helping Families Stay Safe Online**

Safer Internet Day 2025 takes place on **Tuesday 11th February**, with the theme: **'Too good to be true? Protecting yourself and others from scams online'**

With the rise of online scams, misinformation and cyberbullying, it's more important than ever to help children develop critical thinking skills and stay safe online. The UK Safer Internet Centre has created free resources, top tips, quizzes, and advice to support families in having positive conversations about online safety. [Read more here.](#) We also encourage you to explore these helpful resources:

- ◆ [Stop Speak Support](#) – A campaign endorsed by the Duke of Cambridge, providing resources to help young people tackle online bullying.
- ◆ [NSPCC Online Safety Advice](#) – Guidance to help families learn about online risks and how to stay safe together.
- ◆ [Childnet – Supporting Young People Online](#) – A range of leaflets with practical tips for parents and carers.
- ◆ [Internet Matters](#) – Expert advice and tools to help children benefit from the internet safely and smartly.
- ◆ [Kidscape – Cyberbullying and Digital Safety](#) – Resources to help parents and children address online bullying effectively.
- ◆ [CyberSyd – Report Bullying](#) – A confidential platform for young people to report online bullying anytime, anywhere.

Online safety is a shared responsibility, and by working together, we can help children enjoy the internet safely while being aware of potential risks. Let's empower young people to make informed decisions and protect themselves online.

### **Community Life Saver Volunteers Needed**

[Little LifeSavers Charity](#) is volunteer led and it is looking to grow it's pool of volunteers in this area so that they can visit more schools. **Could you help the charity by volunteering/donating?**

The volunteer process is very straightforward and is all online. It takes just 3-4 hours of your time to complete, and you do not need previous CPR experience. The charity provides full support and equipment. You will need an enhanced DBS certificate which is registered with the Update Service. If you don't have this, then the charity can apply for it for you for a small one-off contribution of £15.

Volunteering can be great fun with friends, and it is a brilliant way to give back to the community and feel good. By inviting parents to join the charity as volunteers, it means the children at our school and others will benefit from receiving crucial lifesaving skills sessions this year and in future years to come.

Please visit [www.littlelifesavers.org](http://www.littlelifesavers.org) or email [info@littlelifesavers.org](mailto:info@littlelifesavers.org) for more information or to sign up.

Please note, volunteers do not have to be parents so please spread the word to your own networks if you are not able to help yourself, but you know someone who might be interested.

## Halfway Through the School Year!

It's hard to believe, but as we approach February half-term, we are now halfway through the school year! The past months have been filled with fantastic learning, exciting opportunities, and great achievements, and we look forward to an equally brilliant second half of the year.

If you're looking for ways to make the most of the break, **Visit Notts** has a fantastic range of family-friendly activities and events happening across Nottinghamshire. From outdoor adventures to creative workshops, there's something for everyone. Take a look at what's on this half-term by visiting: [Visit Notts – February Half-Term Activities](#).

Diary Dates	
Mon 10 <sup>th</sup> Feb	Careers' Week Commences!
Thur 13 <sup>th</sup> Feb	Young Voices Choir goes to Sheffield Cranmer Connect 3:30-4:30 in the school hall – all welcome, just turn up! Y5 & 6 do not need to be accompanied, Y4 and under to be accompanied by an adult.
Thur 13 <sup>th</sup> Feb	F&Y6 heights and weights measure
Fri 14 <sup>th</sup> Feb	Last day of Careers Week and Break up for half term
Mon 24 <sup>th</sup> Feb	Back to school
Mon 10 <sup>th</sup> March	Class poetry heats
Thur 13 <sup>th</sup> March	Cranmer Connect 3:30-4:30 school hall – all welcome
Sat 15 <sup>th</sup> March	Rotary Swimathon 1pm onwards at Bingham Arena
Wed 26 <sup>th</sup> March	Poetry Competition Finale – 9:15 – 10:30 by invitation
Thur 3 <sup>rd</sup> April	Easter Bonnet Parade and Easter Service a.m.
Fri 4 <sup>th</sup> April	Break up for Easter Holiday
Tue 22 <sup>nd</sup> April	Return to school for summer term
Mon 28 <sup>th</sup> April	Y4/5 Residential returning on Wednesday 30 <sup>th</sup> April
Thur 8 <sup>th</sup> May	Cranmer Connect 3:30-4:30 school hall – all welcome
Mon 12 <sup>th</sup> May	Y6 SATs week
Mon 19 <sup>th</sup> May	Y6 Residential week returning on Friday 23 <sup>rd</sup> May
Fri 23 <sup>rd</sup> May	Break up for half term
Mon 2 <sup>nd</sup> June	Return to school for final term
Thur 12 <sup>th</sup> June	Cranmer Connect 3:30-4:30 school hall – all welcome
Thur 10 <sup>th</sup> July	Cranmer Connect 3:30-4:30 school hall – all welcome
Tues 22 <sup>nd</sup> July	Break up for end of school year
Mon 1st Sept	INSET day
Tue 2 <sup>nd</sup> Sept	INSET day
Wed 3 <sup>rd</sup> Sept	Return to school for summer term

## Hello February

Finding your voice is never  
Easy. It requires courage and  
Belief in yourself to  
Radiate confidence. Never  
Underestimate the power of  
Authenticity, for it brings  
Resilience and strength to  
Your words, actions and Journey

OurMindfulLife.com



## february TO-DO LIST

