



Archbishop Cranmer Church of England Primary Academy

School Lane, Aslockton, Nottinghamshire

NG13 9AW

Tel: (01949) 850 627

Email: office@archbishopcranmer.notts.sch.uk

Head Teacher: Mrs Melanie Stevens

Deputy Head: Mrs Lauren Rogers

Business Manager: Mrs Tracy Strutt

'Striving for Life in all its Fullness'

Tuesday 15th September 2026

Year 5 Bikeability Cycle Training Scheme 2026

Dear Year 5 Parents and Carers,

Children in Year 5 will be taking part in the Bikeability Cycle Training Scheme in conjunction with Nottinghamshire County Council. Pupils will complete Level 2. Level 2 is principally aimed at Years 5/6 and above. The focus is that by the end of the course, each rider should be able to make a journey independently on single-lane roads. The training is carried out in areas close to the school that have been risk-assessed including simple junctions with moderate road-traffic flow. Sessions will include starting and finishing an on-road journey; understanding how and when to signal their intentions to other road users; understand the correct road positioning and always demonstrating good observations.

Group 1 – Monday 2nd November 2026 and Tuesday 3rd November 2026

Group 2 – Wednesday 4th November 2026 and Thursday 5th November 2026

All children taking part will need to have a bicycle that is in good working order. Parents and carers are responsible for ensuring that the cycle is road worthy and that any faults are repaired before training commences. A cycle helmet is essential, and we recommend a lock to secure bikes whilst on the school site. Children may come to school in clothing suitable for cycling on the day, so check the weather in case sun cream, gloves or waterproofs are required.

Below is advice from VIA regarding the Bikeability Scheme. Should you have any queries, please contact your child's class teacher.

Helmet – please check that the helmet fits correctly with the straps snug under the chin (2 fingers width between chin and strap) – it must not be too loose.

Clothing – warm, waterproof clothing in the winter and sun cream in the summer. Sensible footwear and no baggy trousers.

Behaviour – any pupils demonstrating poor behaviour or putting themselves or others at risk during the training sessions will be returned to the school and may be removed from the course. This decision will be made by the cycle instructors, and they will inform the school on their return into school.

Cycle

- **Brakes** – check both front and back are working.
- **Tyres** – pumped up.
- **Seat Height** – child can sit on seat with toes just on the ground.
- **Chain** – lubricated sparingly.
- **Reflectors** – red reflector on rear of bike.

Please note that if the cycle is not roadworthy or the helmet does not fit correctly, then your child may not be able to take part in the cycling programme. Please complete the consent forms via the online link below.

<https://consent.bikeability.org.uk/chat-sells-nor>

Kind regards,

The Key Stage 2 Team

