



Archbishop Cranmer Church of England Primary Academy

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'Striving for Life in all its Fullness'

Dear Year 4 parents and carers,

Tuesday 15th September 2026

Bikeability Cycle Training Scheme 2026

The children in Year 4 will be taking part in the Bikeability Cycle Training Scheme in conjunction with Nottinghamshire County Council. The children will be starting at Level 1, which is playground based; however they **do need to be able to ride a bike at least 10 metres unaided**.

Year 4 children will cycle on Wednesday 14th October 2026. (Group 1 – morning, Group 2 – afternoon).

All children taking part will need to have a bicycle in good working order. Parents and carers are responsible for ensuring that the cycle is road worthy and that any faults are repaired before training commences. A cycle helmet is essential, and we recommend a lock to secure bikes whilst on the school site. Children may come to school in clothing suitable for cycling on the day, so please check the weather in case sun cream, gloves or waterproofs are required.

Below is the advice from VIA regarding the Bikeability Scheme. Should you have any queries, please contact your child's current class teacher.

Helmet – please check that the helmet fits correctly with the straps snug under the chin (2 fingers width between chin and strap) – it must not be too loose.

Clothing – warm, waterproof clothing in the winter and sun cream in the summer. Sensible footwear and no baggy trousers.

Behaviour – any pupils demonstrating poor behaviour or putting themselves or others at risk during the training session may be removed from the course. This decision will be made by the cycle instructors.

Cycle

- **Brakes** – check both front and back are working.
- **Tyres** – pumped up.
- **Seat Height** – child can sit on seat with toes just on the ground.
- **Chain** – lubricated sparingly.
- **Reflectors** – red reflector on rear of bike.

Please note that if the cycle is not roadworthy or the helmet does not fit correctly, then your child may not be able to take part in the cycling programme.

Please complete the consent forms online via the link below.

<https://consent.bikeability.org.uk/used-zero-pas>

Kind Regards,

The Key Stage 2 Team

